

Share a Relationship that's

Safe



Diocese of Grand Island
Child Protection Office
<http://gidiocese.org/child-protection>

Share a Relationship that's

Stable



Diocese of Grand Island
Child Protection Office
<http://gidiocese.org/child-protection>

Share a Relationship that's

Nurturing



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Create Connections with

SSNRS



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We all need SSNRS—Safe, Stable, Nurturing Relationships

- We are hard-wired for connection with others and with God.
- We continue to need connection throughout our life span.

For young children, connections with Safe, Stable, Nurturing adults are critical for:

- Physical well-being
- Healthy development.
- Secure attachment.
- Prevention of abuse
- Resilience to stress and trauma
- Faith and moral development
- Life-long healthy relationships

How to create SSNRs:

Be Safe—free from fear and secure from physical and emotional harm.

- Regulate emotional responses.
- Protect children from harm / hurtful adults.
- Discipline without causing harm.
- Promote self regulation.
- Monitor children’s behavior and development.

Be Stable - predictable & consistent.

- Provide structure and routine.
- Be consistently present.
- Model self-regulation, dignity and respect, kindness and care.

Be Nurturing-available and responsive to children’s needs.

- Identify and meet needs.
- Listen actively.
- Practice empathy.

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