

Post Training Review

Creating a Trauma-Sensitive Faith Environment

Name _____

Date of Birth _____

Today's Date _____

Address _____

Parish / School / Program _____

Please circle all that apply:

Volunteer Catholic School Teacher / Admin. Parish / School Employee Diocesan Employee Clergy Parent



1. Child abuse and neglect interferes with meeting which basic developmental need(s)?
 - a. Physiological Needs
 - b. Safety Needs
 - c. Social
 - d. Self-Esteem
 - e. All of the above.
2. True or False: Few Nebraskans responding to the 2011 Behavioral Risk Surveillance System survey reported experiencing any Adverse Childhood Experiences (ACEs).
 - a. True.
 - b. False.
3. Based on the results of the above study we would expect that six students in a classroom of thirty have experienced ___ or more ACEs?
 - a. Five
 - b. Three
 - c. One
 - d. Two
 - e. All of the above.
4. When faced with impending danger our central nervous system activates the stress response, preparing our body to:
 - a. Fight
 - b. Flee
 - c. Freeze
 - d. a, b, or c
 - e. a and c
5. When trauma is prolonged or repeated a child's _____ can be impacted. (circle all that apply).
 - a. Brain Structure, Self-Regulation & Problem-Solving.
 - b. World View, Self-Concept, & Relationships.
 - c. Learning and Classroom Behaviors.
 - d. a, b, and c
 - e. b and c
6. Which of the following was not identified in training as an important reason for creating a trauma-sensitive environment?
 - a. To build resiliency.
 - b. To help kids heal.
 - c. To make people more tolerant of child abuse and trauma.
 - d. To foster learning and development.
 - e. To provide kids and opportunity to experience the kind of loving relationships God intended for them.
7. Which of the following are the five qualities of a trauma-sensitive environment identified in training?
 - a. Safety, Empowerment, Collaboration, Choice, Trust
 - b. Empowerment, Assertiveness, Safety, Security, Communication
 - c. Safety, Security, Secrecy, Choice, Trust
 - d. Choice, Rules, Trust, Security, Safety.
 - e. Trust, Rules, Choice, Consistency, Freedom
8. Looking through a trauma-sensitive lens, we are most likely to ask:
 - a. *What's wrong with this kid?*
 - b. *What did this kid do wrong?*
 - c. *What would be an appropriate punishment?*
 - d. *What would be an effective intervention?*
 - e. *What will motivate this child to change?*
9. To help a child be resilient, it is important that we do which of the following when they disclose abuse?
 - a. Remain calm and respond in a supportive manner.
 - b. Communicate that the child is not at fault.
 - c. Listen without interrupting.
 - d. Report bullying to appropriate authorities.
 - e. All of the above.

1. e. All of the above
2. false 53% of the 10,293 respondents from Nebraska reported experiencing at least one Adverse Childhood Experience.
3. b. Three or more ACEs
4. d. a., b, or c flight, flee, or freeze
5. d. a, b, and c Brain Structure, Self-Regulation, & Problem-Solving; World View, Self-Concept & Relationships, Learning and Classroom Behaviors.
6. c. To make people more tolerant of child abuse and trauma.
7. **a. safety, empowerment, collaboration, choice, trust**
8. d. What would be an effective intervention?
9. e. All of the above.