

10

**SAFETY LESSONS
TO TEACH YOUR CHILD**

Trust your feelings.
Treat others with **Respect**
& expect respect for yourself.

Question the motives of adults who
single you out with gifts, privileges, attention...

**Avoid
Going
Out** **Alone**

KNOW THE RULES for
Adult / Child Interactions.

Speak Up - tell someone
if you are feeling uncomfortable.

Know your **comfort zone** and
expect others to respect your boundaries.

Be sure
Someone **Knows where you are.**

TALK TO YOUR PARENTS
-IT'S THEIR JOB TO KEEP YOU SAFE.

Remember you have the
Right to Say No
to unwanted contact.

For more important lessons visit our website.
[www.gdiocese.org/
childprotection/education.php](http://www.gdiocese.org/childprotection/education.php)

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Diocese of Grand Island
Child Protection Office
308-382-6565



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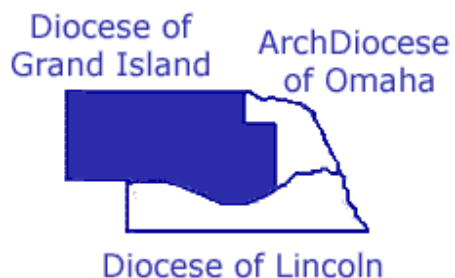
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Did you know?

- The Diocese of Grand Island is one of three regional areas of the Roman Catholic Church in Nebraska.



- There are approximately 58,000 Catholics in the Diocese of Grand Island.
- Each year the Diocese of Grand Island educates almost 6000 children and youth in right relationships, signs of abusive relationships, and what to do if a relationship isn't right.
- The Catholic Church in the United States implements Safe Environment Programs in every diocese in the country, educating over 5 million children and youth each year in how to be safe from abuse.

For more information on safe environment programming in the Diocese of Grand Island and across the country, contact the Child Protection Office at:

(308)382-6565
or
cpo@gidiocese.org

Did you know?

- The Diocese of Grand Island is one of three regional areas of the Roman Catholic Church in Nebraska.



- There are approximately 58,000 Catholics in the Diocese of Grand Island.
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